



# Isle of Man Internment Camps.

## DIETARY.

(To operate from 18th July, 1940).

To be issued Daily in respect of each Internee in the Camp.

	Bread	...	...	...	12 oz.	
	Flour	...	...	...	1 "	
<b>A</b>	Meat (fresh or frozen)	...	...	...	4 "	on five days a week.
<b>T</b>	Fish (fresh, smoked or salt-cured)	...	...	...	10 "	
	Margarine	...	...	...	6/7 "	
	Tea or Coffee	...	...	...	1/4 "	
		...	...	...	3/4 "	
	Sugar	...	...	...	1 "	
	Milk	...	...	...	1/2 pint	
	Salt	...	...	...	1/2 oz.	
	Pepper (black)	..	..	..	1/100 "	
	Oatmeal	...	...	...	2 "	
	Jam	...	...	..	2 "	
	Mustard	...	...	...	1/100 "	
	Split Peas or Beans	...	...	...	2 "	} if not available, a corresponding quan- tity of rice will be issued.
	Potatoes	...	...	...	12 "	
	Rice	...	...	...	1 "	
*	Fresh Vegetables (other than potatoes)	...	...	...	4 "	
	or Rhubarb	...	...	...	4 "	
<b>T</b>	Cheese	...	...	...	1 "	on two days a week.

Internees working outside the Camp on approved schemes of manual work will receive from the Chief Storekeeper on leaving Camp the following additional ration:

Bread 6 ounces. Cheese 1 ounce.

Government Office,  
Isle of Man.  
12th July, 1940.

By Order,  
B. E. SARGEAUNT,  
Government Secretary.

\*In the event of fresh vegetables or rhubarb not being obtainable, one ounce of rice will be issued in lieu of four ounces of fresh vegetables or rhubarb.

**A** In the event of Kosher Meat not being obtainable, to those prisoners who decline other meat, the following may be issued in lieu:—fish, 10oz.; or lentils, 2 oz.; or beans, 2 oz.; or rice, 2 oz.

**T** Fish and cheese will be issued on Tuesday and Friday.

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