



Isle of Man Internment Camps.

DIETARY.

(To operate from 1st. July, 1940).

To be issued Daily in respect of each Internee in the Camp.

	Bread	12 oz.	
	Flour	1 "	
A	Meat (fresh or frozen)	4 "	on five days a week.
T	Fish (fresh, smoked or salt-cured)	10 "	
	Margarine	1 "	
	{ Tea	$\frac{3}{8}$ "	
	{ or Coffee	$\frac{3}{4}$ "	
	Sugar	1 "	
	Milk	$\frac{1}{2}$ pint	
	Salt	$\frac{1}{4}$ oz.	
	Pepper (black)	1/100 "	
	Oatmeal	3 "	
	Jam	2 "	
	Mustard	1/100 "	
	Split Peas or Beans	2 "	} if not available, a corresponding quantity of rice will be issued.
	Potatoes	12 "	
	Rice	1 "	
*	Fresh Vegetables (other than potatoes)	4 "	
	or Rhubarb	4 "	

Internees working outside the Camp on approved schemes of manual work will receive from the Chief Storekeeper on leaving Camp the following additional ration:

Bread 6 ounces. Cheese 1 ounce.

Government Office,
Isle of Man.

21st June 1940.

By Order,

B. E. SARGEAUNT,

Government Secretary.

*In the event of fresh vegetables or rhubarb not being obtainable, one ounce of rice will be issued in lieu of four ounces of fresh vegetables or rhubarb.

A In the event of Kosher Meat not being obtainable, to those prisoners who decline other meat the following may be issued in lieu:—fish, 10oz. ; or lentils, 2 oz. ; or beans, 2 oz. ; or rice, 2 oz.

T Fish will be issued on Tuesday and Friday.