



KNOCKALOE CAMP DIETARY.

Issued to the Compound Kitchen Committee in respect of each
prisoner of war in Compound.

Bread	18	ounces
Meat (fresh or froz or Meat, preserved (tinned)	}	8	,,
				4	,,
Potatoes	8	,,
Margarine	1	,,
Tea or Cocoa	$\frac{1}{2}$,,
Moist Sugar	$1\frac{3}{4}$,,
Milk (condensed)	1-20	of 1lb. tin
Salt	$\frac{1}{2}$	ounce
Pepper (black)	1-72	,,
Also a second vegetable twice weekly consist- ing of Haricot Beans					
or Rice	$1\frac{1}{2}$	ounces
Cabbage or Turnips	2	,,

FREE ISSUE TO EACH COMPOUND.

Flour	1 sack of 280 lbs.	daily
Onions	1 crate	weekly

Where compounds accumulate ten sacks of flour application may be made to the Messing Superintendent for the flour to be purchased by the Government. A sum of £2 per sack is paid. Kitchen Committees must devote money so obtained in generally improving the dietary of the Compound.

By order,

B. E. SARGEAUNT,
Government Secretary.

Government Office,
Isle of Man,
20th September, 1915.